

PICTORIAL EXPRESSION UNDER MUSICAL INDUCTION PSYCHIATRIC PRIVATE PRACTICE

- Dr. Jacqueline Verdeau-Pailès -
Psychiatrist and Music Therapist

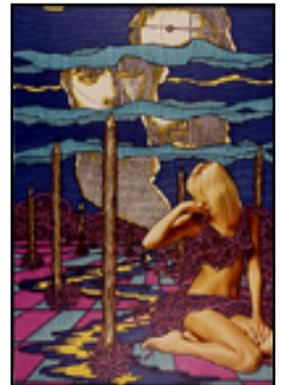
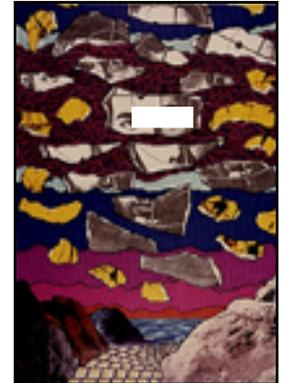
Andre P. presents obsessive neurosis and severe and incapacitating phobias.

A first series of drawing allows him to come to a new level and to substantially enrich the psychotherapy: there is a radical change of drawing style, which until now had been exclusively geometric and lifeless, to the appearance of living forms and loaded symbols linked to his issues. The second series allows him to go even further: he is freed of his symptom (diarrhea) and mourns its passing. He makes a big step by representing the parts of his body. He projects them onto the paper and simultaneously asks if we could talk about him and his experience. Looking at the last collage, Dr. Verdeau-Pailès sums up the patient's release from symptoms: "This music is much more than a projective test; it is a therapeutic tool." The second series, showing the work of releasing, follows below.



1 A (Diagnostic)

This image, I am convinced that it is "THE" image. The only image, the one that can explain everything. It is something the entire world has in common and it is my mission to paint it. I don't think I'm really a creator, but the craftsman for a universal idea.



4 A

This is the most successful session since the beginning. All the symbolism is there. The rain, the water, ... that's my problem, my diarrhea. Water is part of my personality.

